Hertfordshire County Council- Adult Health and Social Care

Provides support for the elderly and carers. Services include: equipment to continued safety and mobility, transport and Blue Badge, money advice, benefits and paying for care, care and support at home, adults with learning disabilities.

General enquiries: 0300 123 4040, Monday to Friday 8am-8pm and T Saturdays 9am- 4pm. Lines are closed on Sundays and public holidays.

0300 123 4042- Emergency out of hours service

A http://www.hertsdirect.org/services/healthsoc/supportforadults/?utm_so urce=HomePage&utm_medium=TopTasks&utm_content=May14&utm_ca mpaign=AdultSocialCare

Jarman Day Centre is for adults with learning disabilities. A place to go to make friends, learning something new or build on existing skills. A trained team will help with a multitude of mobility levels.

The Jarman Centre, Old Crabtree Lane, Hemel Hempstead, HP2 4JW

A Monday- Friday 9:00am- 4:00pm

T 01442 255903

- jarman.dayservice@hertfordshire.gov.uk \square
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Key contacts for older people

Dacorum Borough Council

Housing options including supported housing-housing specifically for those aged 60 and over. Housing includes self-contained flats or bungalows with the support of a supported housing officer and a 24 hour community alarm service

Lifeline:

Emergency community alarm service. If the user has an emergency then pressing the button on the main unit or a pendant you have will automatically dial the control centre. The operator can identify you as soon as the call is connected and can immediately contact the best person or service to assist.

T 01442 228347

SupportedHousing@dacorum.gov.uk \bowtie

A http://www.dacorum.gov.uk/home/housing/council-tenantsleaseholders/supported-housing

Age UK

Age UK provide a number of services including befriending services for the elderly and a handyman service. After recently returning home from hospital or intermediate care, Hertfordshire's Age UK can offer short term, practical and emotional support.

- 01442 259049 T
- \bowtie admin@ageukdacorum.org.uk
- A http://www.ageuk.org.uk/dacorum

The Centre in the Park is a recreation / adult day care centre for elderly and older members of our community in Dacorum and Hemel Hempstead. It is open daily Monday to Friday from 9am to 3pm and activities include: games, hair salon, lunch and afternoon tea. Minibuses can take residents to the day centre, picking up from across Dacorum.

- 01442 262746 T
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Jarman Day Centre

http://www.hertsdirect.org/services/healthsoc/supportforadults/lei surework/resourceday/daycentres/dacodayserv/

The Centre in the Park

sally@thecentreinthepark.org

www.thecentreinthepark.org.uk